

Tips for capturing your baby during the first month

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P H O T O G R A P H Y

Capturing those precious first moments with your baby create wonderful lasting memories for families . With the unprecedented times we are in at the moment, I wanted to show you that even with our camera phones you can still create some beautiful images. I really can't wait to be back in the studio and to meet all your new arrivals, but I hope that this helps.

I've included some images that I took with my camera phone of my daughter 10 years ago, before I started newborn photography. Also many thanks to my friend Emma of Capture the light Photography providing me with images.



Look for the light.

This is probably the first image I took of my little girl and a very proud daddy. They are seated on the couch and it was just a natural, unposed moment and I just told Keiron to hold . Always try to have the light falling from the top of the head and down the body . You can even touch your phones screen to adjust the exposure levels

Black and whites always make for beautiful portraits.

Take photographs in the morning as I normally find even in the studio that these are the best times.

Baby is lovely and warm and has been fed and this always helps .



capture the light photography



Get down nice and low to their level. Capture their little feet (my favourite) tiny hands and beautiful faces.

Turn off the flash on your camera, it can be unflattering for baby . Instead look for all the wonderful natural light in your home.

Awake images of your little one can bring some beautiful expressions. Look at your angles. This one can easily be taken on your bed, moses basket perhaps using a favourite blanket . Just get close to your little one and play !

Keep backgrounds simple so not to detract.



And probably the most important in my opinion is to exist in your photographs.

This one of me and Niamh isnt the best but is one of my favorites as its of me and my girl.

Take it in turns to have photographs taken with your little one, get siblings involved and even ask them to take pictures for you . It all creates memories.



capture the light photography



Use a photo app such as Lightroom mobile , Google Snapseed to edit your images, there are lots of good ones on Google Play or Apple store.

Share them with your family and friends. You can even set up Google photo albums to share your images. In this time of social distancing you can still share these moments with grandparents, aunts and uncles.

Use Zoom or another group meeting application to say hi!

I really can't wait to meet all your new little arrivals when we can finally come out the other end of these different and difficult times. We might not be able to have a newborn session but I will still be able to capture some beautiful images for you.

Take these moments to spend time with your little ones and enjoy them.

Keep well and Keep Safe

Jenny McDonnell
PHOTOGRAPHY